

Campbell County School District

Mar 1, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: Breakfast in the Classroom K-5/Breakfast in the Classroom 6

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/02/2020															
Breakfast in the Classroom K	Total														
Cereal Elem	Bowl	101	0	0	3.04	0.00	0.0	30	0.0	6	32.4	24.3	0.0	0.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Cereal Sec	2 Bowls	101	0	0	3.04	0.00	0.0	30	0.0	6	32.4	24.3	0.0	0.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average		333	4	105	5.04	0.72	245.0	372	1.24	46	39.86	73.51	0.04	0.02	0.00
% of Calories										55.6%	47.9%	88.3%	0.1%	0.1%	0.0%
Nutrient Guideline		375-525		570											<10.00

Tue - 03/03/2020															
Breakfast in the Classroom K	Total														
Waffle Bites BIC	Bag	200	0	220	4.00	2.70	100.0	500	0.0	10	4.0	35.0	5.0	1.50	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Waffle Bites BIC	Bag	200	0	220	4.00	2.70	100.0	500	0.0	10	4.0	35.0	5.0	1.50	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average		392	2	265	6.00	3.42	245.0	675	0.84	44	8.80	77.55	5.04	1.52	0.00
% of Calories										45.1%	9.0%	79.2%	11.6%	3.5%	0.0%
Nutrient Guideline		375-525		570											<10.00

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
***** - denotes combined nutrient totals with either missing or incomplete nutrient data
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Campbell County School District

Mar 1, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: Breakfast in the Classroom K-5/Breakfast in the Classroom 6

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/04/2020															
Breakfast in the Classroom K	Total														
Yogurt Danimals	Container	80	5	65	0.00	0.00	150.0	60	0.0	12	4.0	15.0	0.0	0.00	0.00
Scooby Doo Snacks	Bag	120	0	115	1.00	*N/A*	100.0	500	0.0	8	2.0	21.0	3.5	1.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Yogurt Elem 6th	2 Container	200	10	90	0.00	0.00	200.0	130	0.0	26	20.0	28.0	0.0	0.00	0.00
Scooby Doo Snacks	Bag	120	0	115	1.00	*N/A*	100.0	500	0.0	8	2.0	21.0	3.5	1.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average		295	4	137	2.51	*0.72	272.5	460	0.84	44	7.98	60.96	1.82	0.53	0.00
% of Calories										60.4%	10.8%	82.8%	5.6%	1.6%	0.0%
Nutrient Guideline		375-525		570										<10.00	

Thu - 03/05/2020															
Breakfast in the Classroom K	Total														
Strawberry Cream Cheese Bagel	Package	230	10	180	2.00	1.08	20.0	100	0.0	13	6.0	41.0	6.0	2.50	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Strawberry Cream Cheese Bagel	Package	230	10	180	2.00	1.08	20.0	100	0.0	13	6.0	41.0	6.0	2.50	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average		462	14	285	4.00	1.80	265.0	442	1.24	53	13.47	90.21	6.04	2.52	0.00
% of Calories										46.1%	11.7%	78.1%	11.8%	4.9%	0.0%
Nutrient Guideline		375-525		570										<10.00	

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* - denotes combined nutrient totals with either missing or incomplete nutrient data

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Base Menu Spreadsheet

Combined: Breakfast in the Classroom K-5/Breakfast in the Classroom 6

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/06/2020															
Breakfast in the Classroom K	Total														
Cinnamon Mini Donuts BIC	2 Donuts	300	0	436	2.73	1.96	19.1	0	0.0	3	8.18	35.45	13.64	5.45	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Cinnamon Mini Donuts BIC	2 Donuts	300	0	436	2.73	1.96	19.1	0	0.0	3	8.18	35.45	13.64	5.45	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average		532	4	542	4.73	2.68	264.1	342	1.24	43	15.65	84.67	13.68	5.48	0.00
% of Calories										32.3%	11.8%	63.7%	23.1%	9.3%	0.0%
Nutrient Guideline		375-525		570										<10.00	

Mon - 03/09/2020															
Breakfast in the Classroom K	Total														
Cereal Elem	Bowl	101	0	0	3.04	0.00	0.0	30	0.0	6	32.4	24.3	0.0	0.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Cereal Sec	2 Bowls	101	0	0	3.04	0.00	0.0	30	0.0	6	32.4	24.3	0.0	0.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average		333	4	105	5.04	0.72	245.0	372	1.24	46	39.86	73.51	0.04	0.02	0.00
% of Calories										55.6%	47.9%	88.3%	0.1%	0.1%	0.0%
Nutrient Guideline		375-525		570										<10.00	

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Mar 1, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: Breakfast in the Classroom K-5/Breakfast in the Classroom 6

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 03/10/2020															
Breakfast in the Classroom K	Total														
Pancake on a Stick	Stick	440	50	900	2.00	*N/A*	*N/A*	100	*N/A*	20	16.0	50.0	22.0	6.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Pancake on a Stick	Stick	440	50	900	2.00	*N/A*	*N/A*	100	*N/A*	20	16.0	50.0	22.0	6.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average		632	52	945	4.00	*0.72	*145.0	275	*0.84	54	20.80	92.55	22.04	6.03	0.00
% of Calories										34.3%	13.2%	58.6%	31.4%	8.6%	0.0%
Nutrient Guideline		375-525		570										<10.00	

Wed - 03/11/2020															
Breakfast in the Classroom K	Total														
Yogurt Danimals	Container	80	5	65	0.00	0.00	150.0	60	0.0	12	4.0	15.0	0.0	0.00	0.00
Nutri Grain Bar	Bar	240	0	220	6.00	3.60	400.0	1500	0.0	24	4.0	48.0	6.0	1.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Yogurt Elem 6th	2 Container	200	10	90	0.00	0.00	200.0	130	0.0	26	20.0	28.0	0.0	0.00	0.00
Nutri Grain Bar	Bar	240	0	220	6.00	3.60	400.0	1500	0.0	24	4.0	48.0	6.0	1.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average		356	4	191	5.05	2.55	425.0	969	0.84	53	9.00	74.68	3.09	0.53	0.00
% of Calories										59.2%	10.1%	84.0%	7.8%	1.3%	0.0%
Nutrient Guideline		375-525		570										<10.00	

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Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 03/12/2020															
Breakfast in the Classroom K	Total														
Pancake Bites BIC	Bag	210	10	320	4.00	3.60	60.0	0	0.0	11	4.0	35.0	6.0	1.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Pancake Bites BIC	Bag	210	10	320	4.00	3.60	60.0	0	0.0	11	4.0	35.0	6.0	1.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average		402	12	366	6.00	4.32	205.0	175	0.84	45	8.80	77.55	6.04	1.02	0.00
% of Calories										45.0%	8.8%	77.2%	13.5%	2.3%	0.0%
Nutrient Guideline		375-525		570										<10.00	

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/13/2020															
Breakfast in the Classroom K	Total														
Chocolate Muffin BIC	Muffin	390	90	270	5.00	2.70	40.0	0	0.0	34	7.0	63.0	12.0	4.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Chocolate Muffin BIC	Muffin	390	90	270	5.00	2.70	40.0	0	0.0	34	7.0	63.0	12.0	4.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average		622	94	375	7.00	3.42	285.0	342	1.24	74	14.47	112.22	12.04	4.02	0.00
% of Calories										47.7%	9.3%	72.2%	17.4%	5.8%	0.0%
Nutrient Guideline		375-525		570										<10.00	

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Campbell County School District

Mar 1, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: Breakfast in the Classroom K-5/Breakfast in the Classroom 6

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 03/23/2020															
Breakfast in the Classroom K	Total														
Cereal Elem	Bowl	101	0	0	3.04	0.00	0.0	30	0.0	6	32.4	24.3	0.0	0.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Cereal Sec	2 Bowls	101	0	0	3.04	0.00	0.0	30	0.0	6	32.4	24.3	0.0	0.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average		333	4	105	5.04	0.72	245.0	372	1.24	46	39.86	73.51	0.04	0.02	0.00
% of Calories										55.6%	47.9%	88.3%	0.1%	0.1%	0.0%
Nutrient Guideline		375-525		570											<10.00

Tue - 03/24/2020															
Breakfast in the Classroom K	Total														
Breakfast Burrito K-5	Burrito	220	40	310	4.00	1.80	100.0	500	15.0	2	10.0	25.0	9.0	4.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Breakfast Burrito 6	2 Burritos	440	80	620	8.00	3.60	200.0	1000	30.0	4	20.0	50.0	18.0	8.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average		522	62	511	8.00	3.42	295.0	925	23.34	37	19.80	80.05	13.54	6.02	0.00
% of Calories										28.5%	15.2%	61.4%	23.4%	10.4%	0.0%
Nutrient Guideline		375-525		570											<10.00

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Campbell County School District

Mar 1, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: Breakfast in the Classroom K-5/Breakfast in the Classroom 6

Portion Values - Detailed

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	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 03/25/2020															
Breakfast in the Classroom K	Total														
Yogurt Danimals	1 Container	80	5	65	0.00	0.00	150.0	60	0.0	12	4.0	15.0	0.0	0.00	0.00
Animal Crackers	1 Pkg	120	0	115	2.00	0.72	0.0	0	0.0	8	2.0	22.0	3.5	1.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Yogurt Elem 6th	2 Container	200	10	90	0.00	0.00	200.0	130	0.0	26	20.0	28.0	0.0	0.00	0.00
Animal Crackers	1 Pkg	120	0	115	2.00	0.72	0.0	0	0.0	8	2.0	22.0	3.5	1.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average		295	4	137	3.02	1.09	221.7	206	0.84	44	7.98	61.47	1.82	0.53	0.00
% of Calories										60.4%	10.8%	83.5%	5.6%	1.6%	0.0%
Nutrient Guideline		375-525		570										<10.00	

Thu - 03/26/2020															
Breakfast in the Classroom K	Total														
Cinnamon Cream Cheese Bagel	1 Package	240	10	180	2.00	1.44	20.0	100	0.0	13	6.0	42.0	6.0	2.50	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Cinnamon Cream Cheese Bagel	1 Package	240	10	180	2.00	1.44	20.0	100	0.0	13	6.0	42.0	6.0	2.50	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average		432	12	226	4.00	2.16	165.0	275	0.84	47	10.80	84.55	6.04	2.52	0.00
% of Calories										43.7%	10.0%	78.3%	12.6%	5.3%	0.0%
Nutrient Guideline		375-525		570										<10.00	

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Campbell County School District

Mar 1, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: Breakfast in the Classroom K-5/Breakfast in the Classroom 6

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 03/27/2020															
Breakfast in the Classroom K	Total														
Cinnamon Mini Donuts BIC	2 Donuts	300	0	436	2.73	1.96	19.1	0	0.0	3	8.18	35.45	13.64	5.45	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Cinnamon Mini Donuts BIC	2 Donuts	300	0	436	2.73	1.96	19.1	0	0.0	3	8.18	35.45	13.64	5.45	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average		532	4	542	4.73	2.68	264.1	342	1.24	43	15.65	84.67	13.68	5.48	0.00
% of Calories										32.3%	11.8%	63.7%	23.1%	9.3%	0.0%
Nutrient Guideline		375-525		570											<10.00

Mon - 03/30/2020															
Breakfast in the Classroom K	Total														
Cereal Elem	Bowl	101	0	0	3.04	0.00	0.0	30	0.0	6	32.4	24.3	0.0	0.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Breakfast in the Classroom 6	Total														
Cereal Sec	2 Bowls	101	0	0	3.04	0.00	0.0	30	0.0	6	32.4	24.3	0.0	0.00	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Milk Chocolate CCSD	1 Cup	120	5	180	0.00	0.00	300.0	500	1.2	18	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average		333	4	105	5.04	0.72	245.0	372	1.24	46	39.86	73.51	0.04	0.02	0.00
% of Calories										55.6%	47.9%	88.3%	0.1%	0.1%	0.0%
Nutrient Guideline		375-525		570											<10.00

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Campbell County School District

Mar 1, 2020 thru Mar 31, 2020

Base Menu Spreadsheet

Combined: Breakfast in the Classroom K-5/Breakfast in the Classroom 6

Portion Values - Detailed

	Portion Size	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 03/31/2020															
Breakfast in the Classroom K															
	Total														
Cereal Crunch Bar	Bag	260	5	290	3.00	1.44	20.0	0	0.0	15	6.0	41.0	8.0	2.50	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Breakfast in the Classroom 6															
	Total														
Cereal Crunch Bar	Bag	260	5	290	3.00	1.44	20.0	0	0.0	15	6.0	41.0	8.0	2.50	0.00
Fruit Assorted	1/2 Cup	160	0	0	2.00	0.72	40.0	0	0.0	30	2.0	38.0	0.0	0.00	0.00
Milk White CCSD	1 Cup	110	10	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	2.5	1.50	0.00
Milk Skim CCSD	1 Cup	90	5	130	0.00	0.00	300.0	500	2.4	12	8.0	13.0	0.0	0.00	0.00
Weighted Daily Average		452	7	336	5.00	2.16	165.0	175	0.84	49	10.80	83.55	8.04	2.53	0.00
% of Calories										43.6%	9.6%	74.0%	16.0%	5.0%	0.0%
Nutrient Guideline		375-525		570										<10.00	

Weighted Average		427	17	311	4.95	*2.00	*246.9	417	*2.35	48	19.03	79.93	6.65	2.29	0.00
										101.4%	17.8%	74.9%	14.0%	4.8%	0.0%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	427		375 - 525	100%				
Cholesterol (mg)	17							
Sodium (mg)	311		570					
Fiber (g)	4.95							
Iron (mg)	2.00				Missing			
Calcium (mg)	246.9				Missing			
Vitamin A (IU)	417							
Sugars (g)	48	45.05%						
Vitamin C (mg)	2.35				Missing			
Protein (g)	19.03	17.83%						
Carbohydrate (g)	79.93	74.91%						
Total Fat (g)	6.65	14.03%						
Saturated Fat (g)	2.29	4.82%	<10.00%					
Trans Fat ¹ (g)	0.00	0.00%						

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